December

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
Breakfast: 1) Bagel w/ Cream Cheese 2) Cinnamon Chex Cereal w/ Honey Grahams	Breakfast: 1) Conchita w/ String Cheese 2) CinniPuffs (Maple Cinnamon Puffed Cereal)	Breakfast: 1) Mantecada Muffin 2) Honey Bunches of Oats Cereal w/ Honey Grahams	Breakfast: 1) Yogurt, Seedbutter, & Honey Grahams 2) Cocoa Orbits Bites (Chocolate Puffed Cereal)	Breakfast: 1) Fruit & Yogurt Smoothie w/ Granola 2) Cheerios Cereal w/ Honey Grahams
Allergy Friendly Cinnamon Chex Cereal w/ Strawberry Granola	Allergy Friendly Cheerios w/ Chocolate Granola	Allergy Friendly Cinnamon Chex Cereal w/ Strawberry Granola	Allergy Friendly Cheerios w/ Chocolate Granola	Allergy Friendly Cinnamon Chex Cereal w/ Strawberry Granola
Lunch: 1) Chicken Bites w/ Mashed Potatoes 2) Bean Burrito Bowl w/ Rice & Corn 3) Grilled Cheese Sandwich w/ Tajin Corn 4) Turkey & Cheese Sub Sandwich w/ Tajin Corn	Lunch: 1) Penne & Meat Sauce 2) Bean & Cheese Burrito w/ Baby Carrots 3) P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots 4) Cheese Pizza Kit	Lunch: 1) Parm Pizza Bites w/ Marinara Dipping Sauce 2) Bean & Cheese Pupusa w/ Curtido Salad 3) Firecracker Chicken Dumplings & Peas 4) Chicken Caprese Salad w/ WG Dinner Roll	Lunch: 1) Turkey Nachos w/ Refried Beans & Tortilla Chips 2) BBQ Chicken w/ Baked Beans & Dinner Roll 3) Wowbutter Jelly Sandwich w/ Roasted Fava Beans 4) Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Lunch: 1) Cheese Pizza 2) Pepperoni Pizza 3) Cheese Tamale 4) Italian Turkey Trio Sub Sandwich
Allergy Friendly Turkey Marinara Bowl & Peas	Allergy Friendly Chicken Fajita Bowl w/ Green Beans	Allergy Friendly Turkey California Vegetable Bowl	Allergy Friendly Beef Veggie Bowl w/ Zucchini	Allergy Friendly Turkey Marinara Bowl & Peas

Lunch Includes:	*Veg of the Day:*	*Featured Fruit:*	*RevUp Rewards:*
Choice of 1% Low Fat White or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday: Celery Sticks (1/4 C) Wednesday:Cucumber Slices (1/4 C) w/ Tajin Thursday:Jicama Slices (1/4 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C)	Apple (1/2 C), Banana (1/2 C), Nectarine (1/2 C), Peach (1/2 C)	Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

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